

2024/25 FEMALE PATHWAY



UNDER 9-11 CRICKET

At this age group we are looking for U9 to U11 cricketers* who show a **flair** for the game and are either already **playing** some form of **hardball** cricket or who **aspire** to progress to **hardball** cricket this winter. The programme would suit **athletic & enthusiastic** girls who are already developing an **effective bowling action, strike the ball hard** and are **keen to progress**.

*Players aged 7/8 or 12 may be offered a place in exceptional circumstances (Contact Paul Bew to discuss further)



What does 2024/25 cycle look like?

- 1) **Autumn Development Programme** – Open to All (Oct/Nov/Dec)
- 2) **Winter Training Squads** – 2 Selected Squads (Jan/Feb/Mar) – Other players may be signposted to MCC Foundation Hubs (TBC)
- 3) **Summer Training Squads** – 2 Selected Squads continue into a summer training & matchplay programme.

All players need to register interest to take part in the Autumn Development Programme by **31st August 2024** (This includes player involved in the current summer programme)

[Sign Up for our Autumn Development Programme Here](#)

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What Skills & Attributes are we looking for in an u11?

Batting

- Comfortable and balanced set up
- Understanding of Step and Swing
- Decision making recognising balls that can be attacked and which need to be defended

Bowling

- Bowl with a safe and repeatable action
- Focus on Balance, Alignment & Momentum to the target
- Consistent Run up
- Exploration of pace and spin

Fielding

- Catch and throw the ball in a strong and balanced position
- Ability to throw the ball safely

Wicket Keeping

- Ability to catch the ball in a balanced position with a strong stable base
- Maintain a still head when catching the ball
- Maintain a strong catching area with hands



**ANY QUERIES, PLEASE CONTACT FEMALE PATHWAY MANAGER -
PAUL BEW (PAUL.BEW@BERKSHIRECRICKETFOUNDATION.ORG)**